



# CHEER A LOT.

## WE'RE GRIZZLIES: STRONG AND SPIRITED

The strong Grizzlies spirit can be seen, felt and heard all across campus. Participants in NCAA Division I Athletics, OU's Golden Grizzlies became a source of great school pride in 2005 when the men's basketball team earned a spot in the NCAA Big Dance. Students caravanned across the country to cheer their team to victory against Alabama A&M in the opening-round game. Although the Black and Gold lost to the eventual national champions, the UNC Tar Heels, it did nothing to dampen the OU spirit.

OU offers many other intramural sports and nationally ranked club sports teams, such as ice hockey, co-ed volleyball, flag football and racquetball. Fans can also enjoy the dazzling choreography

of OU's dance team, Images (don't call them cheerleaders – they are spirit leaders!) at all home games.

But the Grizzlies spirit isn't just about competitive sports. It's also about staying fit and maintaining a healthy lifestyle. Through OU's recreation and athletics departments, students can participate in countless events, work out at the Recreation Center, or hike, bike or cross-country ski along Oakland's 1,441 acres.

OU's contemporary Recreation Center offers an open and relaxing environment to enjoy its facilities and equipment. The center features a weight room, an indoor track, a 50-meter pool, and basketball, racquetball, squash and volleyball courts. Exercise classes, fitness assessments and certified personal trainers are available.

## MAKE YOURSELF AT HOME

There's always room at OU, and what a view! More than 1,600 students live on Oakland's beautiful campus and the benefits are endless. Living on campus means wireless Internet, cable TV, study groups, lounges with big screen TVs, and free parking and free laundry facilities.

With six residence halls, a complete family housing complex and brand new student apartments, the university offers enough options to provide the perfect fit for any resident.

Oakland jumpstarts student involvement through Learning Communities, a unique residential program that promotes interaction among students and faculty mentors who share specific interests. This immersive approach enriches

academic programs and provides an overall sense of partnership and community.

Social events are constant and varied. For example, residents enjoy Friday Night Live (stand-up comedy), movie nights, decorating contests and poker nights.

Most residents eat at the newly renovated Vandenberg Dining Center, but other options include on-campus fast food, sandwich shops and coffee houses. OU's convenient meal plans can be used anywhere on campus.

And there are plenty of spaces for quiet reflection. Find peace under an apple tree on Oakland's expansive fields, hike the wooded trails of OU's 110-acre Biological Preserve or stroll through Meadow Brook Hall's idyllic gardens.



# CAMPUS LIFE



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Oakland University



# LIVE A LITTLE. LEARN A LOT.

**Education is a lifestyle at Oakland University. OU students enhance their Oakland experience by enjoying an active and fun campus life. Whether you live on OU's beautiful 1,441-acre campus or commute, there's always a lot to experience.**

## BE AT THE CENTER OF IT ALL

The Oakland Center (the OC) is the focal point of campus. Always a hub of activity, the center is a great place to hang out between classes or grab a bite to eat. The center

houses the OU Bookstore, the Pioneer Food Court and the Center for Student Activities, as well as serving as a meeting place for Oakland's student organizations.

The OC also plays host to recreational, educational and social events year-round, including presentations by internationally known speakers, comedy acts, arts and crafts shows, movies, dances and fund-raisers. Students can unwind with friends at Bumpers Game Room, packed with video games, billiard tables, table tennis and more.

**"OU, a popular school for commuters, also offers so much to do on campus, giving us a distinctive flavor. You certainly don't need to be a resident to enjoy all that student life has to offer."**

**Saman Waquad,**  
biology/information technology junior,  
OU Student Congress, WXOU 88.3 FM

## CAMPUS CULTURE: IT'S SOPHISTICATED FUN

OU students can't help but be immersed in culture on campus. Whether you crave the fun and fanciful or prefer entertainment with a more sophisticated flair, you will find it within OU's eclectic cultural offerings.

Take the Meadow Brooks. Few universities can boast so many high caliber, nationally renowned cultural and historic venues on one campus.

Meadow Brook Art Gallery, a premier art space on campus, promotes annual student shows and sponsors free exhibitions of local and national artists.

The superb craftsmanship, architectural detailing and grand scale of Meadow Brook Hall and

Gardens, the fourth largest historic house museum in the United States, entertains, educates and inspires.

Meadow Brook Theatre, Michigan's largest non-profit professional theatre, offers award-winning productions, incredible intimacy and superior acoustics.

Meadow Brook Music Festival, an outdoor summer amphitheatre, offers an under-the-stars concert experience featuring big-name entertainers like Norah Jones, Wilco and O.A.R.

Sprawling parks, community activities and fun hotspots surround Oakland's campus. Venture into the city of Rochester and you'll be immersed in a historic district that includes quaint shops, inspiring galleries and unique restaurants.

## Listen. Learn. Be heard!

Students have a voice at OU. And that voice is broadcast through student-operated TV and radio stations, and *The Post*, an award-winning campus newspaper.

## HEY, JOIN THE CLUB

OU students make connections and become actively engaged in their own education through more than 140 student organizations.

Some organizations, like the Student Congress, give students a voice in university policy while others, like OU's 10 fraternities and sororities, develop camaraderie. Recreational organizations include club sports such as soccer, lacrosse and fencing; and just-for-fun groups like the All-In Poker Club and the Motor City Jugglers.

Academic organizations cover almost every professional discipline. Social clubs include multicultural, religious and political organizations from College Republicans to Amnesty International. Other organizations, like Habitat for Humanity, are devoted to giving back to the community.

Events that enhance the OU experience include Welcome Week, spirit days, Greek Carnival, leadership training, professional seminars and volunteer fairs.

