



OUCARES

Oakland University Center for Autism Research, Education and Support

FALL 2008 PROGRAM OPPORTUNITIES

OUTDOOR SOCCER

Instructed by a psychologist, participants will learn to play the game of soccer through simple drills and small games. Goals include strengthening motor skills, direction following and cooperative interaction with peers.

Dates: Saturdays, August 16 - October 11 (no program on August 30)

Ages: 4 - 9 yrs. **Time:** 10:00 - 11:00 am

Ages: 10 and up **Time:** 11:00 - 12:00 pm

Location: OU Outdoor Lower Soccer Field / **Cost:** \$48

INDOOR SOCCER

Dates: Saturdays, October 18 - December 6 (no program on November 29)

Ages: 4 - 9 yrs. **Time:** 10:00 - 11:00 am

Location: OU Campus Recreation Center Gym / **Cost:** \$48

BASEBALL

The Oakland University Baseball team will teach participants the basics of the game of baseball using skill stations and small games. Skills such as hitting, throwing and catching will be practiced each week along with learning how to interact as a team player.

Dates: Tuesdays, September 9 - October 14

Ages: 6 and up **Time:** 6:00 - 7:00 pm

Location: OU Outdoor Baseball Field / **Cost:** \$40

MUSIC FUN

This program will enhance your child's love for music and encourage self expression through musical activities designed to increase your child's social, motor and cognitive skills.

Dates: Mondays, October 13 - December 8 (no program on November 24)

Ages: 2 - 5 yrs. **Time:** 4:00 - 4:45 pm

Ages: 6 - 9 yrs. **Time:** 5:00 - 5:45 pm

Location: Pawley Hall - Room 190 / **Cost:** \$64

SOCIAL SKILLS

Designed to teach skills in social interaction, these classes will encourage friendships and positive relationships among peers. Participants interested in this class are required to complete a participant information form to help determine appropriate placement.

SOCIAL SKILLS I: This group is for individuals with limited verbal skills who have the diagnosis of Autism.

Dates: Wednesdays, October 15 - December 10 (no program on November 26)

Ages: 6 - 9 yrs. **Time:** 5:00 - 5:45 pm

10 - 13 yrs. **Time:** 6:00 - 6:45 pm

14 - 18 yrs. **Time:** 7:00 - 7:45 pm

SOCIAL SKILLS II: This group is for individuals with conversational language skills who have the diagnosis of Asperger's, High Functioning Autism or PDD/NOS.

Dates: Thursdays, October 16 - December 11 (no program on November 27)

Ages: 6 - 9 yrs. **Time:** 5:00 - 5:45 pm

10 - 13 yrs. **Time:** 6:00 - 6:45 pm

14 - 18 yrs. **Time:** 7:00 - 7:45 pm

Location: Pawley Hall - Room 190 / **Cost:** \$128

Registration forms are available on our website:

www.oakland.edu/oucares

Email: oucares@oakland.edu

Phone: 248-370-2424 / Fax: 248-370-4242



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FALL 2008 PROGRAM OPPORTUNITIES (pg. 2)

BASKETBALL

Instructed by a psychologist, participants will learn basic basketball skills. Mastering these skills will involve listening, direction following and interacting with teammates.

Dates: Fridays, October 17 - December 12 (no program on November 28)

Ages: 10 - 13 yrs. **Time:** 6:00 - 7:00 pm

Ages: 14 and up **Time:** 7:00 - 8:00 pm

Dates: Saturdays, October 18 - December 6 (no program on November 29)

Ages: 6 - 9 yrs. **Time:** 11:15 am - 12:15 pm

Location: OU Campus Recreation Center Gym / **Cost:** \$48

CARTOONING

In this class, aspiring artists will explore the world of cartoon art. Participants will create their favorite cartoon characters and illustrate an original cartoon character each week.

Dates: Saturdays, October 18 - December 13 (no program on November 29)

Ages: 8 and up **Time:** 10:00 - 10:45 am

Location: Pawley Hall - Room 190 / **Cost:** \$80

DRAWING

Come express your creativity by exploring your drawing skills, painting and sculpture. There will be a weekly theme incorporating animals and nature.

Dates: Saturdays, October 18 - December 13 (no program on November 29)

Ages: 10 and up **Time:** 11:15 am - 12:00 pm

Location: Pawley Hall - Room 190 / **Cost:** \$80

MARTIAL ARTS

This program will focus on goal setting, while teaching the importance of self-control, discipline, and fitness. Our instructor is a 1st degree Black Belt with over 10 years of experience.

Dates: Saturdays, October 18 - December 13 (no program on November 29)

Ages: 8 and up **Time:** 11:30 am - 12:15 pm and 12:15 pm - 1:00 pm

*Participants will be assigned to a time based on enrollment.

Location: Pawley Hall - 1st Floor Atrium / **Cost:** \$64

AFTER HOURS ADULT SOCIAL

Facilitated by OUCARES and funded by ASA/OCC, this is a support group for adults with the diagnosis of Asperger's, High Functioning Autism or PDD/NOS. Come join us for pizza, conversation, cards, billiards, and fun! No registration required, come when you are able.

Dates: Mondays, July 21, September 15, October 20, and November 17

Ages: 19 and up **Time:** 7:00 - 10:00 pm **Location:** Lower level of the Oakland Center

PARENT DISCUSSION GROUP

This is available to parents and caregivers of an individual with ASD and will be facilitated by a Licensed Professional Counselor. This informal group is designed to give individuals a supportive environment and topics will be structured based on the needs of the group. No registration required, come when you are able.

Dates: Meets twice monthly, see website for upcoming dates

Time: 9:30 - 11:00 am **Location:** Pawley Hall Counseling Center, 2nd Floor

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