International Students
And Scholars
Resource Guide
Congratulations on your admission to Oakland University. Enclosed is information regarding the International Students and Scholars Office (ISSO), campus services, local community, and other useful resources.

Note this resource guide is not comprehensive and is meant only for basic assistance. If you have any questions or concerns, please contact an international student advisor in the ISSO at (248) 370-3358. The international student advisors are here to serve you.

Remember Oakland University’s motto, “Seguir virtú e canoscenza” translates as “follow courage and knowledge.” Our goal in the ISSO is to support our students and scholars in their educational endeavors.
# Table of Contents

**ISSO Services**

**Campus Services**

- Student Organizations 6
- Multicultural Organizations 6-8
- Sports & Recreation Clubs 8-9
- Food Service 10
- Books 10-11
- Identification Cards 11
- Identification Numbers 12
- Lockers 12
- Academic Skills Center 12-13
- Academic Advising 13
- Computer Labs 13-14
- Career Advising 14-15
- Child Care 15
- Counseling Center 15
- Health Services 16
- Library Services 16
- Off-Campus Housing 17
- On-Campus Housing 17
- University Police 18
- Campus Recreation 18
- ESL Program 18-19
  - Individual Instruction Programs 19
  - ESL Institute 19-20
- Additional Services 20

**Campus Directory**

- Frequently Used OU Acronyms 21
Immigration Regulations 24-30
  ✓ Maintaining Status 24-25
  ✓ Changing Status 25
  ✓ Dependent Immigration Status 25-26
  ✓ Certification by a Translator 27
  ✓ Extensions 28
  ✓ Employment 28-29
  ✓ Travel and Re-entry 29
  ✓ SEVIS Fees 30

Community 31-46
  ✓ Shopping 31-34
  ✓ Restaurants 34-37
  ✓ Transportation and Communication 37-38
  ✓ Government Offices 39-40
  ✓ Area Attractions 40-41
  ✓ Arts and Entertainment 41-43
  ✓ Sports 44
  ✓ Other Activities 44-46

Tips on Intercultural Communication 46-48

Holidays Celebrated in the United States 48-49

Metric Conversion Charts 50-51

Useful Websites 52
International Student and Scholars Office
Services

The International Students & Scholars Office (ISSO) provides a range of valuable services for international students, scholars, their dependants and the university community. In order to determine how we can best help you achieve your personal, academic and professional objectives, we invite you to call the office and make an appointment.

Contact Us:

Phone: 248-370-3358
Office Hours: 8:00am – 5:00pm; Mon. – Fri.
Walk-in Hours: Wed. 9:00-12:00pm
Web site: www.oakland.edu/iss
e-mail: isso@oakland.edu

ISSO Staff:

Director- David J. Archbold
archbold@oakland.edu
Assistant Director- Petra Knoche
ppankova@oakland.edu
Admin. Assistant- Bonnie Koch
bkoch@oakland.edu

Our services include:

- Maintenance of records of international students and scholars
- Immigration counseling for international students and scholars
- SEVIS I-20 issuance for F-1 undergraduate, graduate, PHD students and dependants
- SEVIS DS-2019 issuance for J-1 Exchange Visitor students, scholars, faculty and dependents
- Practical Training (Curricular CPT & Optional OPT)
- J-1 Employment Authorization Requests
- Change of status
- Canadian border crossing letters
- F-1 and J-1 extensions of stay in US
- Reinstatement of status
- Exception requests
- Health insurance
- Student transfers
- Informational seminars
- Orientation
- Personal advising
- Monthly newsletters
- Host family information
- Cross-cultural activities
Student Organizations

Oakland University has more than 100 student organizations, giving you many opportunities to become involved. To contact an organization you may call or e-mail an organization's president or adviser. You also can contact any of OU's student organizations by sending all queries to: The Center for Student Activities, 49 Oakland Center; faxing the CSA at (248) 370-4337; calling the office at (248) 370-2400; or emailing the Center at csa@oakland.edu.

** For a complete listing of Student Organizations and contact listings please see: http://www2.oakland.edu/oakland/ouportal/index.asp?site=29

Multicultural Organizations

Akanke African Drum and Dance Troupe
President: Tareva Saunders, (810) 256-0911, tasaunde@oakland.edu
Adviser: Aneisha Mitchell, (248) 370-4644, amitche@oakland.edu

Arab American Student Organization
http://www.oakland.edu/org/aaso/AASOOakland.html
President: Abdulla Hijazi, (586) 778-8454, ahijazi@oakland.edu
Adviser: Benjamin Hoffiz, (248) 723-6807, benandayako@kdd.net

Association of Black Students
President: James Ellout, (248) 253-0609, jellout@oakland.edu
Adviser: Omar Brown-El, (248) 370-4404, brownel@oakland.edu

Chaldean American Student Association
http://www.oakland.edu/org/casa/
President: Noor Elias, (248) 840-8737, nselias@oakland.edu
Adviser: Peter Bertocci, (248) 370-2423, bertocci@oakland.edu

China Club
President: Brad Gentes, (248) 760-2193, bdgentge@oakland.edu
Adviser: Richard Stamps, (248) 370-2434, stamps@oakland.edu
Chinese Friendship Association
http://www.oakland.edu/org/cfa/
President: Yan Li, (248) 370-2114, yli@oakland.edu
Adviser: Jia Li, (248) 370-2661, li4@oakland.edu

Diverse Voices
President: Lekia Blake, (248) 364-9325, ldblake@oakland.edu
Adviser: Chaunda Scott, (248) 370-4171, cscott@oakland.edu

Fuerza
http://www.localwebstar.com/fuerza/
President: Maria MoraBowen, (586) 226-9318, mdmorabo@oakland.edu
Adviser: Gloria Sosa, (248) 370-4404, gasosa@oakland.edu

German Club
http://ice.prohosting.com/germanou/
President: Jessica Henk, (248) 370-9090, jnhenk@oakland.edu
Adviser: Ingrid Rieger, (248) 370-2050, rieger@oakland.edu

Indian Students Association of OU
http://www.oakland.edu/org/isaou/
President: Krupa Ujla, (248) 370-4298, krujla@oakland.edu
Adviser: David Archbold, (248) 370-3358, archbold@oakland.edu

International Student Friendship
President: Ann Daenzer, (248) 393-4014, ajdaenze@oakland.edu
Adviser: Jody Daenzer, (248) 393-4014, isf_ou@hotmail.com

Japan Club
President: Ebony Stokes, (248) 802-1505, enstokes@oakland.edu
Adviser: Seigo Nakao, (248) 370-2066, nakao@oakland.edu

La Pittura
President: Dan Jakubowski, (248) 829-8148, djjakubo@oakland.edu
Adviser: Claude Baillargeon, (248) 370-3388, baillang@oakland.edu

Pakistani Student Association
President: Saman Waquad, (248) 470-4929, sfwazuad@oakland.edu
Adviser: Rasul Chaudhry, (248) 370-3350, chaudhry@oakland.edu

Polish Club
President: Ganna Kryuchkova, (586) 566-1452, gkryuchk@oakland.edu
Adviser: Janusz Wrobel, (586) 274-9503, wrobel@oakland.edu
South Asia/India Club
President: Kwame Everett, (248) 370-9093
Adviser: Tushar Oza, (248) 650-2765, oza@oakland.edu

United States of Brasil
President: Didimo Garcianeto, (248) 726-7147, dgarcia2@oakland.edu
Adviser: George Martins, (248) 370-3417, martins@oakland.edu

Zeta Sigma Chi Multicultural Sorority, Inc.
President: Janise Larkins, jnlarkin@oakland.edu
Adviser: Michelle Southward, (248) 370-4404, mdguy@oakland.edu

Sports & Recreational Organizations

Aiki Kai (Aikido Club)
President: Justin John, (248) 797-1627
Adviser: Seigo Nakao, (248) 370-2066, nakao@oakland.edu

Cricket Club
http://www.oakland.edu/org/cricket/
President: TBA
Adviser: David Archbold, (248) 370-3358, archbold@oakland.edu

Curling Club
President: David Pietrangelo, (248) 854-8982
Adviser: David Lau, (248) 370-4132, lau@oakland.edu

Equestrian Club
President: Megan Stewart, mnstewar@oakland.edu
Adviser: Christopher Ewing, proverbs3@tmail.com

Fencing Society
President: Chris Thompson, (248) 394-1336
Adviser: Paul Franklin, (248) 370-4339, franklin@oakland.edu

Men's Ice Hockey
President: Jordan Ingram, (248) 797-9642
Adviser: Greg Jordan, (248) 370-4888, jordan@oakland.edu

Intrigue Hip Hop Dance Team
President: Ralaya Goshea, (313) 529-9807, rsgoshea@oakland.edu
Adviser: Gloria Sosa, (248)-370-4404, gasosa@oakland.edu
**Men’s Lacrosse**
President: Matt Lindsay, (248) 361-0402
Adviser: Patrick Bennett, (248) 370-2201, pcbennet@oakland.edu

**Men’s Soccer**
President: Michael Lerchenfeldt, (248) 376-5979
Adviser: Kristy Chene, (248) 370-3260, chene@oakland.edu

**Sailing Club**
Commodore: Katie Schultz, kmshult@oakland.edu
Adviser: Michael Rossi, (248) 370-4534, pooldoc@oakland.edu

**Snowboard & Ski Club**
President: Sarah Sage, (248) 672-9002
Adviser: Beth Talbert, (248) 766-8695, talbert@oakland.edu

**Student Steel Pan Organization**
President: Lesley Graham, (248) 980-5678, lgraham@oakland.edu
Adviser: Mark Stone, (248) 370-2044, stonc@oakland.edu

**Triathlon Club**
President: Kelsey Smalley, (248) 342-3752
Adviser: Christina Morus, (248) 370-2139, morus@oakland.edu

**Women's Ice Hockey Club**
President: Jill VanWormer, (248) 736-4636
Adviser: Unknown

**Women’s Lacrosse**
President: Jenny Fischer, (248) 229-9063
Adviser: John Cowishaw, (248) 370-3580, cowlisha@oakland.edu

**Women’s Soccer**
President: Heather Sinawi, (248) 231-3129
Adviser: Kristy Chene, (248) 370-3260, chene@oakland.edu
Food Service

Oakland Center

Pioneer Food Court

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
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<tbody>
<tr>
<td>Mon.-Thurs.</td>
<td>9:30am -7:00pm</td>
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<tr>
<td>Friday</td>
<td>9:30am -3:00pm</td>
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</tbody>
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Subway Window

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<th>Time</th>
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<tbody>
<tr>
<td>Mon.-Fri.</td>
<td>7:00am -11:00pm</td>
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<tr>
<td>Sat.-Sun.</td>
<td>11:00am -7:00pm</td>
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Café O’Bear’s

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<td>7:30am -11:00pm</td>
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<tr>
<td>Sunday</td>
<td>5:00pm -10:00pm</td>
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The Recreation Center

Pica-Deli Café

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<th>Time</th>
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<tr>
<td>Friday</td>
<td>9:00am -3:00pm</td>
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Vandenberg Hall

Vandenberg Cafeteria

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<th>Day</th>
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<tbody>
<tr>
<td>Mon.-Thurs.</td>
<td>7:30am -7:30pm</td>
</tr>
<tr>
<td>Friday</td>
<td>7:30am -2:30pm / 4:30pm -7:30pm</td>
</tr>
<tr>
<td>Sat.-Sun.</td>
<td>11:00am -5:00pm</td>
</tr>
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Books

The Oakland University Bookstore (28 Oakland Center) is located on the lower level of the Oakland Center. It serves the Oakland community by providing textbooks (new and used), general/pleasure reading material, stationery supplies, OU clothing and other miscellaneous gift items. Special book orders can also be processed upon request. Visit the bookstore website at http://oakland.bkstore.com for hours of operation.
Sometimes the OU Bookstore sells out of popular books and it becomes necessary to seek them elsewhere. In these circumstances students have a couple different options; first, there are several websites that offer text books for sale, sometimes at discounted prices and second, another bookstore, The Text Book Outlet, across the street from the University campus on the corner of Walton and Squirrel, is a popular source for text books and they make a point of stocking books required for Oakland University classes. The Textbook Outlet can be reached at 248-377-2884.

Identification Cards

The Spirit Card
Oakland's official university identification card, is available, free of charge, to all registered students. This ID card is required to access residence halls, meal plans, the Recreation Center, and to checkout library materials. While there is no charge for the first card, there is a $10 replacement fee for subsequent cards. Spirit cards may be obtained at the ID card office (112 Oakland Center, 248-370-2291). A passport or some other form of picture ID (visa, driver’s license, etc.) is required in order to obtain a card.

SpiritCard PLUS
Students may now add the PLUS feature to your SpiritCard and get these additional benefits as well:

- "Totally Free Checking" with no minimum deposit
- an account at Credit Union ONE, with a branch right on campus
- unlimited free ATM transactions at four Credit Union ONE ATMs on campus
- free online banking and bill payment service
- free first order of checks
- e-alerts for low balances and e-statements
- access to Credit Union ONE financial services

Students who do not have a social security card must fill out W-SBEN form that is available at 102 Oakland Center at the Credit Union ONE office.

Need more information? Visit: www.ouspiritcardplus.com
Identification Numbers

Oakland University (OU) students, faculty, staff and alumni are assigned an OU identification number (ID) called a Grizzly ID number, effective August 2004.

The Grizzly ID number is a system-generated number that includes one letter (G) and eight random-generated numeric characters. OU faculty, staff, students and alumni will need the number to access SAIL, WebCT, eBill and other university systems and services.

Lockers

Students may rent lockers throughout OU’s campus at a nominal fee per academic year. Lockers are located in Dodge Hall, Hannah Hall, Kresge Library (key lockers only), the Oakland Center, South Foundation Hall, Varner Hall and Wilson Hall. To rent a locker, contact the Center for Student Activities (CSA) Office (49 Oakland Center, 248-370-2400).

It is also possible to rent half lockers at the Recreation Center either by semester or academic year. While there are also full lockers available, these are for one-day use only. To rent a Recreation Center locker, contact the Recreation (Rec) Center Service Desk at (248) 370-4514.

Academic Skills Center

The Academic Skills Center is a free, university-based tutoring service for undergraduate students (103 North Foundation Hall, 248-370-4215) that offers:

- Peer tutoring in almost every 100/200 level course. This service is available, free of charge, to all students enrolled at OU. There are both walk-in tutoring and tutoring by appointment available. In addition to tutoring, the center provides study skills workshops, video and audio taped materials, and computer-aided instruction to supplement general education courses.
- Supplemental Instruction (SI) for specific courses. SI provides organized study sessions two or three times a week to students enrolled in specific courses. The sessions focus on course-specific study skills that help students review notes, understand and apply key concepts and prepare for tests.
• Monitoring the progress of students in Dismissal Option Status (DOS) and advising of students who are having academic difficulty (Probation Outreach Program). The center is open from 8:00 a.m. to 5:00 p.m. Monday through Friday. Evening hours are announced at the beginning of each semester.

Academic Advising

Since meeting graduation requirements is the responsibility of each student, students should consult regularly with advisers in their school or college to review their academic program and progress.

Those students who have chosen a major should meet with specialized advisers in their major program. The academic advising offices for each of the major programs are listed in the Schedule of Classes and in the Undergraduate Catalog.

The Advising Resource Center (121 NFH, 248-370-3227) provides academic information and major exploration assistance to undergraduates, particularly first year students, who have not decided a major field of study.

Academic Advisers are prepared to assist and make recommendations to any students having difficulty.

Computer Labs

The Kresge Library has two computer labs on its first floor which features both Windows and Macintosh stations. There is also a smaller lab with a few Windows stations located on both on the first floor of the Oakland Center and on the main floor. Additionally, other departments and residence halls have their own labs.
Regardless of their academic major, OU students can take advantage of STC mentors who provide peer-based technology instruction in group or one-on-one settings for personal or course-related projects. 

Through these sessions, students:
- Become proficient in hardware systems on PC and Apple computer workstations
- Learn the ins and outs of popular operating systems like Windows XP and Mac OS X
- Develop expertise in software systems
- Harness the power of database programs

In addition to walk-in technology training and personal mentoring, at the STC Oakland students can:
- Participate in the digital camera and digital video camera loan programs
- Access scanners, CD and DVD burners, and make color prints (fee-based)
- Review technology reference books on every software package available at the STC

The STC’s central campus location at 44 Oakland Center (lower level), combined with convenient weekday hours (11:00am – 9:00pm Monday - Thursday & 11:00am – 5:00pm Friday), makes it easily accessible to OU students with diverse majors and busy schedules.

**Career Advising**

The Advising Resource Center (*154 North Foundation Hall*) enables students to explore career and field of study options through career-guidance systems and testing, coupled with individualized assistance by professional staff. Students who are undecided about their career plans, or who want to change their field of study, should stop by to confirm this is OK to do or call the center (**248-370-3227**) to schedule an appointment for career exploration.

The Department of Placement and Career Services assists students in defining and focusing their career objectives. Placement and Career Services (**275 Vandenberg**
Hall-West) will not only help students to learn about prospective careers, but further by pointing out internship, co-op, and professional employment opportunities. Specific career information such as job opportunities, market conditions and salary projections are available by talking with an advisor or by visiting the department's web site: [http://www2.oakland.edu/careerservices/](http://www2.oakland.edu/careerservices/).

### Child Care

The **Lowry Early Childhood Center**, operated by the School of Education and Human Services, provides early education for the children of students, faculty and staff. When enrollment permits, the center is open to the surrounding community as well. Services are provided for toddlers and children up through kindergarten age. Students with toddlers and/or preschoolers may register their children during OU's early registration or during the regular course registration period. Confirmed class schedules must be presented. Kindergartners may only enter in Fall semester and must be registered the previous Spring semester to guarantee a space for the whole year.

The center operates Monday through Friday from 7:30 am to 5:30 pm, except holidays. For more information please visit: [http://www2.oakland.edu/oakland/ouportal/index.asp?site=48#](http://www2.oakland.edu/oakland/ouportal/index.asp?site=48#)

### Counseling Center

The center helps with stress management, eating disorders, substance abuse, relationships, test anxiety, testing for learning disabilities, and career testing/counseling. Personal counseling is available for students through the University Counseling Center at the **Graham Health Center**. The first six sessions are free of charge to all students.

Staff members are counseling psychologists as well as student interns working toward advanced degrees. The center rigorously subscribes to a policy of confidentiality. Information is not recorded on permanent records. Appointments are usually made within one week. Emergency and evening appointments are available. Call (248) 370-3465 for more information.
Health Services

Acute and primary care services are provided for students, the average cost of an office visit is $30.00. Staff may be seen on an urgent care basis, the average cost of an office visit is $50.00. Monday through Friday 8:00 a.m. - 5:00 p.m. for making appointments (walk-ins will be accepted if time allows) and 8:00 a.m. - 12:00 p.m. and 1:00 - 4:30 p.m. for medical care. In case of emergency after hours, call the Police Department at (248) 370-3331 or simply dial 911 from any campus phone.

The health center will bill insurance companies for eligible services, excluding some HMO plans. Services include acute care, women's health, family planning, nutritional counseling, and smoking cessation. Call (248) 370-2341 for more information or visit http://www2.oakland.edu/GHC/

Library Services

The mission of Oakland University's Kresge Library is to provide students, faculty, and staff with the best possible collections, services, and programs to support teaching, learning, and research. This facility holds more than 688,000 volumes. Major services provided by the library include reference services, computerized database search services, library instruction programs and an interlibrary loan service (assistance in obtaining materials from other libraries). Special sections in the library include a documents unit (containing federal and Michigan governmental publications), a university archives, a rare book and special collection room, a microfilm reading room and several photocopying machines. Call (248) 370-4426 for more information or visit http://www.kl.oakland.edu/
Off-Campus Housing

The Department of University Housing as well as the International Students and Scholars Office provides information about off-campus housing opportunities in the Rochester and Pontiac areas and in neighboring communities.

On-Campus Housing

Campus housing offers a special living/learning environment for students. Residence hall programs are designed to enhance a student's academic as well as social development. The six residence halls offer a variety in accommodations (in size and living arrangements). Suite arrangements are offered in two of the six halls, but there are also smaller units in Fitzgerald and Anibal houses that provide a more intimate and residential setting. Students can choose from a variety of meal plans to fit their individual needs. In addition to single-sex floors there are also co-ed floors available additionally, every room features free wireless internet connections as well as free laundry facilities available on-site at each dorm. (Vandenberg and Hamlin Halls).

Upperclassmen may choose to live in a two or four-bedroom student apartment. Each apartment comes furnished and complete with appliances including a full kitchen, a washer and dryer, an air conditioning system and wireless internet.

Finally, the George T. Matthews Court Apartments provide housing for married couples and students with children.

For more information about on and off campus housing please contact the Department of University Housing at 448 Hamlin Hall, (248)370-3570 or visit http://www2.oakland.edu/oakland/OUnew/index.asp?school=3
University Police

The Oakland University Police Department is a full-service law enforcement agency providing policing and safety services to the university community. The department operates on a year-round, 24-hour-a-day basis in order to respond to all emergency and service needs of the community. The Police Department consists of 16 sworn law enforcement officers, supplemented by uniformed student cadets to enhance crime prevention activities. The primary charge of the Police Department is to deter crime within the university, thereby providing a safe and pleasant environment for students, faculty, staff and guests. To request routine services from the department please call (248) 370-3331, or (TDD) (248) 370-3337. In case of emergency, dial 911.

Campus Recreation

Under the direction of the Department of Campus Recreation, the Rec Center includes a 50 meter swimming pool, a whirlpool spa, a three court gymnasium, an elevated track, a spacious weight/cardio-vascular equipment room outfitted with over 70 machines, several racquetball/squash/walleyball courts, two multi-purpose aerobic rooms, a multi-purpose activity center, a wellness center, two classrooms, locker rooms, a social lounge, a snack bar and several offices.

All students enrolled in a class at OU are eligible to use the Rec Center. A current OU Spirit Card is required for entry into the facility. Detailed information about programs, schedules, hours, policies, and procedures are available at the Rec Welcome Center or by calling (248) 370-4732, or by visiting their web site at www.oakland.edu/unit/campus_rec.

ESL Program

The ESL Center offers a variety of programs in English as a Second Language (ESL) for international students, members of the business community and graduate students. The individual courses embrace all the main areas of ESL
education: Listening and Speaking, Reading and Vocabulary, Writing and Sentence Structure, Conversation, Academic Communication, Language Lab and Computer Literacy, Introduction to American Culture and Customs, and Topics in ESL. The courses for non-native speakers of English can be taken for college credit, in which case students are charged according to the Oakland University tuition schedule. The same courses can also be taken as Continuing Education (CE) courses, in which case the tuition is greatly reduced. For more detailed information, refer to the webpage at http://www.lin.oakland.edu/center.html.

Individual Instruction Program

Individual instruction sessions in English as a second language are offered to corporations and those interested in private instruction in the areas of accent reduction, pronunciation improvement, listening comprehension, reading skills and writing skills. Sessions typically last 1-2 hours and are scheduled 1-3 times per week. Instructors and clients are free to work out a mutually agreeable class schedule. Sessions are held on campus or off campus, depending upon convenience. The minimum term of instruction is 3 months (11 weeks). Clients may renew their individual instruction contract for as many terms as they deem necessary; they will be initially assessed and periodically evaluated (mid-term and end-of-term). Instructors will complete progress reports at these times.

Individual instruction programs are designed to specifically address the needs and objectives of the client. There is no charge for the initial assessment. Thereafter, the rate for individual instruction is $45.00 per hour. Books and teaching materials are not included in this rate. Payment in advance is required.

ESL Spring or Summer Institute

A seven-week intensive program in English as a second language is offered during the regular spring and summer semester. This program is geared toward students
who would like to improve their English language skills and TOEFL scores in preparation for admittance to an academic program at a US college or university.

**Additional Services**

Throughout the campus there are also public telephones, newspaper stands, ATM machines and video rentals available for student use. Whether you live in the residence halls or commute to Oakland, take time to explore the numerous services available in the Oakland Student Center. [http://www.otus.oakland.edu/oc](http://www.otus.oakland.edu/oc)
Frequently Used “OU” Abbreviations

CAS – College of Arts & Science
CSA – Center for Student Activities
EH – Elliott Hall
FM – Facilities Management (building)
GHC - Graham Health Center
HAM - Hamlin Hall
HH – Hannah Hall of Science
KL - Kresge Library
RAC - Recreation & Athletic Center
MBE – Meadow Brook Estate (golf courses)
MBH – Meadow Brook Hall
NFH - North Foundation Hall
OC - Oakland Center
ODH - O’Dowd Hall
PH – Pawley Hall
PSS - Public Safety Services
SBA – School of Business Administration
SEB – Science & Engineering Building
SECS – School of Engineering & Computer Science
SEHS – School of Education & Human Services
SFH – South Foundation Hall
SHS – School of Health Sciences
SON – School of Nursing
USA – University Student Apartments
VAR – Varner Hall
VBH – Vandenberg Hall (specify east or west)
WH – Wilson Hall
# Campus Directory

Phone numbers are listed without prefixes for campus extensions. If calling locally from off campus, dial area code 248, then 370 and the number listed.

<table>
<thead>
<tr>
<th>Office</th>
<th>Location</th>
<th>Number</th>
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<td>Academic Records</td>
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<td>Academic Skills Center</td>
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<td>Career Services</td>
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<td>Center for Students Activities</td>
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<td>Registrar Office</td>
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<td>Student Employment</td>
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<td>Varner Theatre Box Office</td>
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<td>3013</td>
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<tr>
<td>Wireless Help Desk</td>
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Immigration Regulations

International students and scholars are required to comply with all federal regulations. Before making any changes to your course of study, transfer to another institution, travel outside the United States, or accept employment, please make an appointment to discuss advice from an OU International Student advisor. It is your responsibility as an international student/scholar to not only understand, but also follow immigration regulations.

Maintaining Status

As a condition of admission and presence in the United States, international students/scholars are required, under US immigration law, to follow certain rules. In order to maintain your status, you must follow these procedures. Upon entrance into the United States, all international students/scholars make a commitment to maintain their status by signing either a SEVIS I-20 form (F-1 student) or a DS 2019 form (J-1 student/scholar). In order to be eligible for opportunities such as employment, school transfers, and program changes, an international student/scholar must maintain his/her lawful status. Furthermore, in applying for a change of status or permanent residency, maintaining your status can be crucial to a successful application. To maintain lawful status, you must:

- Remain enrolled full time during winter and fall semester at the institution you are authorized to attend. For undergraduate students this is defined as 12 credit hours per semester. For graduate students, this is defined as 8 credit hours per semester. There are, however, certain circumstances when a student may be enrolled less than full time. Contact the International Students and Scholars Office for further information.

- Attend the institution that issued the I-20 or DS 2019, which you used to enter the United States, for at least one term before transferring to a different institution. There are strict rules about transferring to different institutions. Contact the International Students and Scholars office if you are considering a transfer to be sure you follow all transfer procedures according to the regulations.

- Maintain a valid passport with at least six months between today and its expiration date.

- Hold a current and updated SEVIS I-20 or a current DS 2019. These documents must reflect the degree level, field of study and program end date you are actively pursuing.
• Maintain the required level of health insurance at all times.

• Limit on-campus employment to 20 hours a week or less while classes are in session (full time campus employment is allowed during a vacation semester or when school is not in session.) In certain instances, work must be authorized.

• Know the expiration date of your I-20 or DS 2019. (Program expiration date is located in section #7 of your I-20 and in section #3 of your DS 2019). If necessary, file for an extension at least 45 days before the document expires. Do not remain in the United States longer than 60 days beyond the I-20 completion date or 30 days beyond the DS 2019 completion date.

Please be aware that if you are in the US under unlawful status (failed to maintain your status) for more than six months, you may be deported and barred from re-entering the United States for at least 3 years. If you remain out of status for more than a year, you may be barred from re-entering the United States for an additional 10 years.

Changing Status

If, while maintaining F-1 or J-1 status, you no longer wish to remain a full time student, you may not remain in the United States on your student visa, according to federal regulations. So before making any decisions about changing status, seek advisor from the International Students and Scholars Office. Because changing immigration status usually takes several months, it is always wise to plan ahead.

F-2 (F-1 dependant) students may stay in the United States with their F-1 principle alien. F-2s may apply for admission to a university but they may not start their field of study until their change of status to F-1 has been approved by the United States Citizenship Immigration Services (USCIS), formerly known as INS.

Dependent Immigration Status

Dependent immigration status refers to spouses and children who rely on the principal alien for legal status in this country. For example, F-2/J-2 visa holders depend on the principal F-1/J-1 visa holder for valid immigration status. People with a J-2 status are permitted to study but may not work without USCIS authorization. J-2’s may petition for employment through USCIS. H-4 and F-2 visa holders are not permitted to work under any circumstances. If a dependent is interested in working they should see an international student advisor about a change of status. Also, please make an appointment with the International Students
and Scholars Office before speaking to USCIS. Also, please note that spouses and dependents’ I-94s should be included in all your transactions with USCIS.

If your spouse and/or child(ren) wish to visit you in the US, they can generally enter the country as a visitor or a dependent. If your spouse and/or child(ren) wish to remain in the US for an extended period of time, they may wish to apply for a dependent visa. If you wish to invite your family to the US on a dependent status, you will need to request a new I-20 or DS 2019 from the ISSO with your spouse and/or child(ren)’s information. When inviting your relatives and/or friends to the US, you should consider the following:

- What papers are needed to help them obtain their visas? The ISSO provides an invitation letter that may help your relatives in obtaining visas to visit you.
- You must plan to purchase hospital/medical insurance for your dependents. You may want to do the same for your visitors.
- Does your lease permit you to have houseguests? If so, for how long?
- How will the visit affect your studies/responsibilities?
- Can you show adequate funds to support them during their visit should this be necessary?
Certification by a Translator

If you need to translate a document (e.g. marriage certificate) from another language into English, follow the suggested format:

---

Certificate of Translation

I, (name of translator), certify that I am fluent in English and (language) and that the attached document(s) is an accurate translation of the document entitled, (title of original document).

____________________________  ______________________________
Date       Signature

____________________________
Print Name

____________________________
Address

____________________________
City, State, Zip
Extensions

An international student/scholar is admitted into the U.S. for length of their program, provided academic progress is being made. If you must remain in an education program beyond the date originally estimated for completion, as stated either on the I-20 or the DS 2019, you must, to maintain status, comply accordingly with USCIS procedures for program extensions. If an I-20 or DS 2019 is expiring, be sure to come to the ISSO at least 45 days before the document expires.

Employment

There are a few employment options available to those who hold F-1 or J-1 visa status. To determine the best option, and ensure the maintenance of your status, you should consult with the International Students and Scholars Office before accepting any type of employment offer.

On-Campus Employment - F-1 and J-1

Students/scholars who have maintained their lawful F-1 or J-1 status are permitted to work up to 20 hours per week while fall and winter classes are in session. During vacation periods and academic breaks you may work up to 40 hours per week on campus as long as you are enrolled in classes for the following term.

In order to be employed on campus, those with J-1 status must get written authorization from their responsible officer. Those with F-1 status do not need written authorization for this type of employment.

Off-Campus Employment - F-1

- Curricular Practical Training (CPT)
  In order to take part in the CPT program, the employment must be an integral part of the student's declared curriculum. Additionally, a student must have a specific job offer at the time of application. CPT is available only prior to the completion of your degree program. Generally, CPT is taken for credit. The International Students and Scholars Office can provide information on eligibility requirements and the accompanying duration options of CPT.

- Optional Practical Training (OPT)
  OPT must be applied for prior to completion of one's studies. A student is entitled to one OPT period per educational level of completion (i.e., Bachelor’s, Master’s and PhD). OPT is available during a degree program and after completion of coursework (excluding thesis or equivalent), or after graduation.
The practical training must be directly related to one’s major area of study. A student does not need a job offer to apply for OPT, however one will need Immigration and Naturalization Services’ approval for OPT.

A student may work up to 12 months on OPT. To begin OPT before your program is completed, apply no earlier than 120 days prior to the date you plan to start employment. If you wish to start OPT after you’ve completed your curricular program, you must apply before your studies are completed. Previous grants or CPT may limit eligibility for OPT. Visit or call the International Students and Scholars Office for more information.

Off-Campus Employment - J-1

- Academic Training
  Academic training refers to study-related employment. It is available before completion of a program of study as well as for up to 18 months afterwards. In order to participate in academic training, a student’s academic advisor or dean must make a recommendation. Additionally, the ISSO must authorize the employment.

- Economic Hardship
  Exchange visitors may be authorized to engage in off-campus employment when necessary due to serious, urgent and/or unforeseen economic circumstance that arose since the exchange visitor’s sponsorship on the J-1 visa. Make an appointment with the ISSO for further information.

Travel and Re-entry

Whenever an international student/scholar leaves the United States, even if going to Canada for a few hours, he or she must be certain to have the following necessary documentation for re-entry.

- Your SEVIS I-20 or DS 2019 form endorsed by the ISSO.
- A valid passport.
- A valid US Visa, which is stamped in your passport.
- An I-94 card (a white card stapled on your passport). Your I-94 should reflect the same visa status as the visa stamp that was used when you entered the US. (This card should not be surrendered at the border.)
- Evidence of full-time enrollment is also recommended.

Entry visa may be needed if traveling to a country other than one’s home country. Contact that country’s nearest embassy or consulate for information.
The SEVIS I-901 fee went into effect September 1, 2004. New students and exchange visitors with a Form I-20 or Form DS-2019 issued on or after September 1, 2004 are subject to the fee. Continuing students and exchange visitors are not required to pay the fee except under certain circumstances. For complete information on who needs to pay the fee (or does not need to) see the SEVP website at http://www.ice.gov/graphics/sevis/i901/faq.htm. There is a complete list of questions and answers on all aspects of SEVIS I-901 fee payment.

*Please note that the SEVIS fee and the fee paid to obtain a J visa are two separate fees but both must be paid in order to get a visa’s approval.

Form I-901

You will need to fill in a Form I-901 with information from your Form I-20 or DS-2019 and pay the required fee. For most people, the SEVIS I-901 fee is $100. See the Fee Amount Chart for more detailed fee information.

You can fill in the Form I-901 online at www.imjjfee.com and print off the receipt or send a paper version to:

By Mail

I-901 Student/Exchange Visitor Processing Fee
P.O. Box 970020
St. Louis, MO 63197-0020
United States

By Courier (to expedite delivery to SEVP)

I-901 Student/Exchange Visitor Processing Fee
1005 Convention Plaza
St. Louis, MO 63101
United States
Phone Number: 1-314-418-8833 (United States Country Code 011)
Community

Shopping

There are a variety of stores, shops and malls in the Oakland County for your shopping pleasure. They are found both within walking distance of the campus as well as within a reasonable driving distance in the surrounding community.

Please note that there may be vast differences between what is considered appropriate when shopping in the US versus other countries. For example, in some countries it is common to taste fruits and vegetables before making a purchase. In the US such practices can cause serious legal troubles. In the United States, except at certain outdoor markets like Eastern Market in Detroit, it is not possible to “haggle” or negotiate a price reduction.

There are several ways to save money when shopping. These include reading advertisements and comparison shopping, buying generic brands, using coupons to reduce the price of an item or joining store sponsored programs like the “CVS Extra Care Card” program. Labels on food products list the ingredients and the content of certain important nutrients, knowing which may be important for health and religious reasons.

Drug Stores/Pharmacy Centers

Please note that many of the food stores also have pharmacies in them, for example, Meijer, Kroger and Farmer Jack all have their own pharmacies for your convenience.

**CVS Pharmacy**
3044 Walton Blvd at Adams North of Campus
248-852-2380
(Walking Distance)

**Rite Aid**
1378 Walton Blvd West of Livernois
248-652-0900
(3 miles or 5 km)

**CVS Pharmacy**
295 South Livernois Road
Rochester Hills, MI
248-656-8202

**Walgreens**
2050 South Rochester Road
Rochester Hills, MI
248-652-4494
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<tr>
<th>Grocery (Food) Markets</th>
<th>Farmer Jack Market</th>
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<tr>
<td>Kroger</td>
<td>Rochester Road at Tienken</td>
</tr>
<tr>
<td>65 South Livernois Road at Walton</td>
<td>248-651-7910</td>
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<tr>
<td>248-652-4700</td>
<td>(5 miles or 8 kilometers)</td>
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<tr>
<td>(3.5 miles or 5.6 kilometers)</td>
<td>OR</td>
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<tr>
<td>OR</td>
<td>South Boulevard at Crooks</td>
</tr>
<tr>
<td>3200 East South Blvd at Squirrel</td>
<td>248-879-3802</td>
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<tr>
<td>248-852-7144</td>
<td>(6 miles or 9.5 kilometers)</td>
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<td>Food Emporium</td>
<td>India Grocers</td>
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<td>Walton at Adams Road</td>
<td>2642 South Rochester Road</td>
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<td>248-853-0106</td>
<td>North of Auburn</td>
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<td>(walking distance)</td>
<td>248-852-9492</td>
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<td></td>
<td>(14 miles or 22.5 kilometers)</td>
</tr>
<tr>
<td>Whole Foods Market</td>
<td>Asia Mart</td>
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<td>1404 Walton Boulevard</td>
<td>36949 Dequindre Road at Big Beaver</td>
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<tr>
<td>West of Livernois</td>
<td>248-689-6090</td>
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<td>248-652-2100</td>
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<td>(3 miles or 5 kilometers)</td>
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<tr>
<td>Kai Sun Discount Oriental Market</td>
<td>Namaste Plaza Indian Grocery</td>
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<td>1059 East Long Lake Road</td>
<td>164 East Maple Road</td>
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<td>East of Rochester Road</td>
<td>East of Livernois</td>
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<tr>
<td>248-524-1250</td>
<td>248-583-1414</td>
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<td>(10 miles or 16 kilometers)</td>
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<td>Hollywood Market</td>
<td>Nino Salvaggio International Marketplace</td>
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<tr>
<td>South Boulevard &amp; Opdyke</td>
<td>6835 Rochester Road</td>
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<td>(10 miles or 16 kilometers)</td>
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<td></td>
<td>248-879-9222</td>
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<td>(5 miles or 8 kilometers)</td>
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<td>Gabriel Imported Foods</td>
<td>The Good Food Company</td>
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<td>42889 Dequindre Road</td>
<td>74 West Maple, West of Livernois</td>
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<td>South of 19 mile</td>
<td>248-362-0886</td>
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<tr>
<td>248-879-6330</td>
<td>(14 miles or 22.5 kilometers)</td>
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<tr>
<td>(9 miles or 15 kilometers)</td>
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Department Stores

Sears Essentials
1100 South Rochester Road
Winchester Shopping Plaza
Rochester & Avon
248-218-2600
(5.5 miles or 9 km)

Kohl's Department Store
223 East Auburn Road
East of Rochester Road
248-844-1515
(7.5 miles or 12 km)

Marshall's
1154 South Rochester Road
Winchester Shopping Plaza at Rochester & Avon
248-651-0950
(5.5 miles or 9 km)

Target
2887 South Rochester Road
North of Auburn
248-853-1590
(7 miles or 11.5 km)

Wal-mart
300 North Opdyke
Auburn Hills, MI
248-334-9935
(3 miles or 5 km)

OR
2001 West Maple Road
Troy, MI
248-435-4035
(9 miles of 15 km)

Thrift Stores

Salvation Army
823 East Auburn Road
West of John R
248-852-3413
(8 miles or 13 km)

OR
605 South Opdyke Road
Between South and Auburn
248-334-8210
(5 miles or 8 km)

Resale Connection
204 South Main Street (Rochester Road)
Downtown Rochester at 2nd Street
248-656-0414
(4.5 miles or 7 km)
Shopping Malls

Great Lakes Crossing
4000 Baldwin Road
South of I-75
248-454-5000
(8 miles or 13 km)

Summit Place Mall
269 North Telegraph Road
South of Pontiac Lake Road
248-683-9000
(7.5 miles or 12 km)

Lakeside Mall
14000 Lakeside Circle
Sterling Heights
586-247-1590
(14.5 miles or 23.5 km)

Oakland Mall
498 West 14 Mile Road
East of I-75
248-589-5547
(16.5 miles or 26.5 km)

Somerset Collection
2801 West Big Beaver Road
East of Coolidge
Troy, MI
248-643-6360
(14 miles or 22.5 km)

The Village of Rochester
Walton at Adams Road
Rochester Hills, MI
(walking distance)

1 All distances are rounded off to the nearest .5 miles or kilometers. Locations within walking distance are within view of the campus

Restaurants

There is a wide variety of restaurants around Oakland University, which makes it easy to please virtually every taste and budget. These include restaurants that serve liquor, those that do not, ethnic restaurants, and fast food restaurants. We have included a sampling of the many fine dining spots for your convenience. There are many others located in our area, which can be found simply by using a telephone book.
Local Restaurants that serve Alcohol

Applebee's
2105 North Squirrel Road
Auburn Hills, MI
248-373-0459
(Walking distance)

Golden Eagle Bar & Grill
1447 North Rochester Road
248-651-6606
(5 miles or 8 km)

Mr. B’s
423 Main Street, Rochester
(4 miles or 6.5 km)

TGI Fridays
2443 N. Squirrel Road
West of campus
(Walking Distance)

Kruse & Muer
70 North Adams Road
East of Campus
248-375-2503
(Walking Distance)

Macaroni Grill
211 North Squirrel Road
Auburn Hills, MI
248-373-7507
(Walking distance)

Max & Erma’s
70 North Adams Road, Rochester
East of Campus
248-375-2503
(Walking Distance)

Rochester Chop House
306 Main Street, Rochester
248-651-2266
(4 miles or 6.5 km)

Restaurants that do not serve Alcohol

Boston Market
3200 Walton Blvd
North of Campus
(Walking Distance)

Family Buggy
870 South Rochester Road
(4.5 miles or 7 km)

Big Boy
195 S. Livernois
248-652-0533
(3.5 miles or 5.5 km)

Sero’s Greek & American
1330 Walton Blvd
248-656-8707
(3 miles or 5 km)

Pic-A-Deli
3134 Walton Blvd
At Adams
248-375-1330
(Walking Distance)
Ethnic Restaurants

Belgian
Cadieux Café
4300 Cadieux
Detroit
313-882-8560
(37 miles or 59.5 km)

Chinese
Kublai Khan
173 Livernois
248-625-0303
(3.5 miles or 5.5 km)

Middle Eastern & Lebanese
The Sheik of Rochester
543 Main Street
248-650-1392
(4 miles or 6.5 km)

Thai
Bangkok Cuisine
727 North Main Street
248-652-8841
(4.5 miles or 7 km)

Japanese
Take Sushi
1364 Walton Blvd
248-652-7800
(3 miles or 5 km)

Middle Eastern & Lebanese
La Shish in Auburn Hills
2065 N. Squirrel Road
Auburn Hills, Michigan 48326
248-364-2000

Indian
Rangoli Indian Cuisine
3055 E. Walton Blvd (Squirrel Rd.)
Auburn Hills, MI 48326
248-377-3800

Mexican
Taqueria La Guadalupana
830 N Perry St
Pontiac, MI 48342
248-454-0890

Fast Food Restaurants

Burger King
2975 Walton
At Adams
(Walking Distance)

Hungry Howie’s
606 Main Street, Rochester
248-652-2010
(4.5 miles or 7 km)
**Transportation**

**Transportation, Local**
- Metro Cars Airport Transportation: 248-334-6855
- Shuttle Service: 888-303-0303
- CN Pontiac Yellow Cab: 248-454-7450
- Smart Bus: 248-332-3696

**Transportation, Downtown**
- Downtown Detroit Transportation: 313-962-RAIL
- The Detroit People Mover: 313-933-1300
- Downtown Trolleys: 313-962-5515

**Transportation, National/International**
- Amtrak (Train) National Rail Passenger Service: 1-800-872-7245
- Greyhound Bus Lines (1600 Wide Track Drive West, Pontiac): 248-334-2595
- Detroit Metropolitan Wayne County Airport (DTW): 313-852-6400

**Communication**

**Newspapers**

There are many vending machines on campus from which you may purchase a current newspaper on any given day. Also, most gas stations and convenience stores have a variety of newspapers available for purchase. You can also receive a newspaper delivered to your home either every day or every Sunday simply by calling the newspaper company and requesting the service.

- Detroit News and Detroit Free Press: 1-800-395-3300
- Oakland Press: 248-745-4700

*Please note that there are foreign language newspapers available in the United States. For example:*

- German: Zeitung
- Indian & Pakistani: India Tribute Publications
- Japanese: Chicago Shimpo, Inc.
- Spanish: El Heraldo
- Multiethnic: Heritage
Television and Radio

The Detroit metropolitan area has several television and radio stations. Check with your cable company for local TV channels and listings. Most local radio stations and some local television stations will have information regarding school closures and cancellations in cases of inclement weather or power outages.

The following are some of the areas talk radio stations-
Michigan Public Radio (News) FM 97.1
Detroit Public Radio (News) FM 101.9
WRDT (Christian talk) AM 560
WWJ (News) AM 950
WDFN (Sports) AM 1130
CBC (out of Windsor) AM 1550

The following are some of the areas music radio stations-
WXOU (Oakland University) FM 88.3
89X (Rock) FM 88.7
Q95 (Top 40) FM 95.5
CBE (Classical) FM 89.9
WJLB (Hip Hop) FM 97.9
WYCD (Country) FM 99.5
WNIC (Adult Contemporary) FM 100.3
WMUZ (Christian Contemporary) FM 103.5
WOMC (Oldies) FM 104.3

Telephone

Within Southeast Michigan, there are several area codes and more are added periodically. The area code for our area is 248. You will need to dial the area code any time you make a phone call out of this zone. Sometimes you may need to dial a 1 first. Ex: 1-248-555-3322. If you are in the 248 zone and you are calling the 586 zone, dial 1-586-555-4433. A recording will inform you if you need to dial the area code. This may or may not be a long distance phone call. Other area codes in the area are 313 in Wayne County, 586 in Macomb County and 734 in Monroe County.

For international calls, press 011 – the country code – the phone number. (Omit the first 0 in the city code). For example: For London dial 011-44-1234567
Government Offices

Federal

Social Security Office – Pontiac Office  1-800-772-1213
1280 Pontiac Road
North of University Drive
9:00am-4:00pm Monday through Friday

U.S. Citizenship and Immigration Services  1-800-375-5283
(U.S.C.I.S.)

State

Secretary of State- Driver’s License  248-852-7337
Crooks Corner Plaza
2250 Crooks Road
Rochester Hills
M, T, TH, F- 9am-5pm
Wednesday- 11am-7pm

City of Rochester

Rochester Hills Chamber of Commerce  248-651-6700
71 Walnut Street
Monday – Friday 8am-5pm

Rochester Hills Public Library  248-656-2900
500 Olde Town Road
2 Blocks East of Main Street (Rochester)
Off University (Walton)
Monday – Thursday 9:30am- 9pm
Friday & Saturday – 9:30am –6pm
Sunday 1pm –6pm

Rochester Hills Court House  248-853-5553
District Court 52 3rd Division
135 Barclay Circle
East of Rochester & Auburn
Monday – Friday 8:30am-4:30pm

Rochester Police Department  248-651-9621
400 6th Street
Postal Information
Postage stamps are available at all post offices and in vending machines located in the Oakland Center. Additionally, they can be purchased at most grocery stores.

The cost to mail a letter in the United State is $0.39
The cost to mail a letter to Mexico or Canada is $0.63
The cost to mail a letter overseas is $0.84

There is an additional charge for letters weighing over one ounce. The post office can weigh your letter and tell you what the additional mailing charges will be, if any.

Area Attractions

Science Centers

Cranbrook Institute of Science
1221 N. Woodward Ave.
Bloomfield Hills
248-645-3200
(12 miles or 19.5 km)

Detroit Science Center
5020 John R
Detroit
313-577-8400
(30 miles or 48 km)

Museums and Historical Sites

Detroit Institute of the Arts (DIA)
5200 Woodward Ave
Detroit
313-833-7900
(30 miles or 48 km)

Detroit Historical Museum
5401 Woodward Avenue
Detroit
313-833-1805
(30 miles or 48 km)

Henry Ford Museum & Greenfield Village
20900 Oakwood Blvd.
Dearborn
313-270-1620
(33.5 miles or 54 km)

Holocaust Memorial Center
6602 West Maple
West Bloomfield
248-661-0840
(18.5 miles or 30 km)
Zoos & Aquariums

Detroit Zoological Park
8450 W. 10 Mile Road, At Woodward
810-398-0900
(23 miles or 37 km)

Movie Theaters

AMC Forum 30
44681 Mound Rd.
Sterling Heights, MI 48314
(586) 254-5663

Star Theaters- Great Lakes Crossing
4300 Baldwin Road
Auburn Hills
248-745-0271
(7.5 miles or 12 km)

Arts & Entertainment

Foreign & Alternative Film Theaters

Detroit Film Theater
DIA
5200 Woodward, Detroit

Main Art Theater
118 North Main
Royal Oak
248-542-0180
(20.5 miles or 33 km)

Stage Theaters

Fisher Theater
3011 W. Grand Blvd., Detroit
313-872-1000
(29 miles or 47 km)

Fox Theater
2211 Woodward Ave., Detroit
313-396-7600
(31.5 miles or 50.5 km)

Jewish Ensemble Theater
Jewish Community Center
6600 W. Maple
West Bloomfield
(18.5 miles or 30 km)

Gem Theater
2115 Woodward Ave.
Detroit
313-963-9800
(31.5 miles or 50.5 km)

Masonic Temple Theater
500 Temple St.,
Detroit
313-832-2232
(31.5 miles or 50.5 km)

Meadow Brook Theater
Oakland University Campus
Wilson Hall
248-370-3300
(Walking Distance)
**Music and Dance**

**Classical**
- **Detroit Symphony Orchestra**
  - **Orchestra Hall**
  - 3711 Woodward Ave., Detroit
  - 313-576-5111
  - (30.5 miles or 49 km)

- **Lyric Chamber Ensemble**
  - **Grosse Pointe War Memorial**
  - 32 Lakeshore Dr., Grosse Pointe
  - 810-357-1111
  - (40 miles or 65 km)

**Michigan Opera Theater**
- **Masonic Temple Theater**
  - 500 Temple Ave., Detroit
  - 313-873-SING
  - (31.5 miles or 50.5 km)

- **DTE Energy Music Theater**
  - 7773 Lapeer Rd.
  - Auburn Hills
  - 248-377-0100
  - (5 miles or 8 km)

**Meadowbrook Music Festival**
- **Oakland University Campus**
  - 3554 Walton Blvd
  - 248-377-0100
  - (Walking Distance)

- **Macomb Center for the Performing Arts**
  - 44575 Garfield Road (at M-59)
  - Clinton Township
  - 810-286-2222
  - (16.5 miles or 26.5 km)

**Blues**

- **Fifth Avenue Billiards**
  - 215 W. Fifth Avenue
  - Royal Oak
  - 248-542-9922
  - (21 miles or 34 km)

- **Beale Street Blues**
  - 8 N. Saginaw
  - Pontiac
  - 248-334-7900
  - (6 miles or 9.5 km)

**Jazz**

- **Goodnight Gracie**
  - 222 S. Sherman
  - Royal Oak
  - 248-584-7400
  - (21 miles or 34 km)

- **Urban Break**
  - Coffee bar (no alcohol)
  - 10020 Joseph Campau
  - Detroit
  - 313-972-1210
  - (27 miles or 43.5 km)
### Big Band/Swing

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mill Street Entry</td>
<td>Inside Clutch Cargo’s</td>
<td>248-333-2362</td>
</tr>
<tr>
<td></td>
<td>65 E. Huron</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Pontiac</td>
<td></td>
</tr>
<tr>
<td></td>
<td>(5.5 miles or 9 km)</td>
<td></td>
</tr>
<tr>
<td>Baker’s Keyboard Lounge</td>
<td>20510 Livernois</td>
<td>313-345-6300</td>
</tr>
<tr>
<td></td>
<td>Detroit</td>
<td>(25 miles or 40 km)</td>
</tr>
</tbody>
</table>

### Retro 70s/80s

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Boogie Fever</td>
<td>22901 Woodward Ave</td>
<td>248-541-1600</td>
</tr>
<tr>
<td></td>
<td>Ferndale</td>
<td></td>
</tr>
<tr>
<td></td>
<td>(23 miles or 37 km)</td>
<td></td>
</tr>
<tr>
<td>Atomic Dog</td>
<td>31925 Van Dyke Ave.</td>
<td>586-795-2040</td>
</tr>
<tr>
<td></td>
<td>Warren</td>
<td>(19 miles or 30.5 km)</td>
</tr>
</tbody>
</table>

### Modern Rock & Alternative

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Luna</td>
<td>1815 N. Main (Livernois)</td>
<td>248-589-3344</td>
</tr>
<tr>
<td></td>
<td>Royal Oak</td>
<td></td>
</tr>
<tr>
<td></td>
<td>(19.5 miles)</td>
<td></td>
</tr>
<tr>
<td>Clutch Cargo’s</td>
<td>65 E. Huron (M-59)</td>
<td>248-333-2362</td>
</tr>
<tr>
<td></td>
<td>Pontiac</td>
<td></td>
</tr>
<tr>
<td></td>
<td>(5.5 miles or 9 km)</td>
<td></td>
</tr>
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</table>

### Open Mic (call for dates)

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Bead Hut Café</td>
<td>(No alcohol)</td>
<td>248-292-1024</td>
</tr>
<tr>
<td></td>
<td>50 N. Saginaw</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Pontiac</td>
<td></td>
</tr>
<tr>
<td></td>
<td>(5.5 miles or 9 km)</td>
<td></td>
</tr>
<tr>
<td>Xhedos Café</td>
<td>240 W. Nine Mile Road</td>
<td>248-399-3946</td>
</tr>
<tr>
<td></td>
<td>(No alcohol/No smoking)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Ferndale</td>
<td></td>
</tr>
<tr>
<td></td>
<td>(23 miles or 37 km)</td>
<td></td>
</tr>
</tbody>
</table>

### Karaoke (call for dates)

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wellington Pub</td>
<td>44819 Hayes</td>
<td>810 566-0260</td>
</tr>
<tr>
<td></td>
<td>Sterling Heights, MI</td>
<td>(15.5 miles)</td>
</tr>
</tbody>
</table>
Sports

Joe Louis Arena
600 Civic Center Drive
Detroit
(32.5 miles or 52 km)
Detroit Red Wings – National Hockey League 313-396-7444
Season: October – April
Detroit Rockers- National Professional Soccer 313-396-7070
Season: October – March

Palace of Auburn Hills 248-377-8200
2 Championship Dr.
Off Lapeer Rd.
(4 miles or 6.5 km)
Detroit Pistons – National Basketball Association
Season: November – April

Ford Field 313-262-2003
200 Brush Street
South of I-75
(31.5 miles or 50.5 km)
Detroit Lions- National Football League
Season: September - December

Comerica Park 313-471-BALL
2100 Woodward Avenue
South of I-75
(31.5 miles or 50.5 km)
Detroit Tigers- Baseball, American League

Other Activities

Bike Shops

King’s Bikes & Things
425 Main Street
Rochester
248-651-4277
(4 miles or 6.5 km)

KLM Bike & Fitness
2680 South Rochester Road
Rochester Hills
248-299-0456
(7 miles or 11.5 km)
Golf

Pine Trace Golf Course
3600 Pine Trace Boulevard
Rochester Hills
248-852-7100
(6.5 miles or 10.5 km)

Rochester Hills Golf Club
655 Michelson Road
Rochester
248-852-4800
(9 miles or 14.5 km)

Bowling

Fiero Lanes
645 S Opdyke Rd.
Auburn Hills
248-335-9293

Avon North Hill Lanes
150 W. Tienken Road.
Rochester Hills
248-651-8544
(5 miles or 8 km)

Skating

Onyx Rochester Ice Arena
52999 Dequindre Road
Rochester Hills
248-601-6699
(6 miles or 9.5 km)

Rochester Hills Skating Center
1700 South Livernois Road
Rochester Hills
248-650-2500
(5 miles or 8 km)

Rochester Area Park Guide

Name | Directions | Description
--- | --- | ---
Bloomer Park | 375 John R. Road | Picnic/scenery, horseshoes, archery, trap shooting, baseball, cricket, canoeing, hiking
Rochester-Utica Recreation Area | North of Avon, Rochester Hours: 8 am – Dusk year around |
### Civic Center Park
South of University Drive across from OU
Nature trails, fishing pond, softball fields, picnic areas, 9-hole golf course, tennis courts, shuffle board, covered pavilion & fire pit.

### Rochester Municipal Park
400 6th street, Rochester. Located behind the Municipal building of Rochester. Hours: Dawn - Dusk year around 248-651-9061 (3.5 miles or 5.5 km)
Bike and hiking trails, lighted tennis court, play area, pavilion.

### Stony Creek Metro Park
4300 Main Oak Road, Washington. The main entrance located at 26 mile and Shelby roads. Hours: Memorial day-Feb 6 am-9 pm and March - Memorial day 10 am- 8 pm 586-781-4242 (13 miles or 21 km)
Lake swimming, fishing, picnicking, golfing, boating, nature center, biking, hiking and running trails.

### Thelma G. Spencer Park
3701 John R. Road Rochester Hills. North of M-59 Hours: 10 am-dusk 248-656-5657 (8.5 miles or 13.5 km)
Beach house, rowboat and paddle boat rentals, tennis courts, baseball diamond, fitness course, fishing, volleyball, horseshoes and bocce ball.

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**Tips on Intercultural Communication**

You have spent hours studying English and are confident of your success at Oakland University. Yet, whether you have just arrived or have lived in the US for a few years, you will often find yourself shaking your head in wonder as you try to comprehend why Americans behave in particular ways.
Even when we are fluent in the host language, we may struggle to achieve accurate communication in a different country. This is often due to the difference in interactions and choices. Intercultural communication skills are therefore crucial for developing meaningful friendships and attaining a level of functionality in the new culture. This requires flexibility and self-reflections. Lack of effective intercultural communication could lead to the creation of irresponsible and harmful stereotypes and communication patterns. This section outlines differences in communication patterns, which may be helpful while understanding a new culture.

**Direct vs. Indirect**

One of Confucius’ major influences on communication patterns in Eastern Asia is the concern for human relationships. Consideration for others had lead to the development of communication that preserves on another’s public self-image. Communication is indirect and the use of ambiguous messages such as metaphors and hints are desired.

Conversely, Euro-American communication is direct and favors clarity and preciseness, with little regard for loss of face due to embarrassment, rejection or disagreement. Asians are often surprised when an American instructor informs a student in front of the class that their work was done incorrectly. Indirect communicators are equally dismayed when students question their instructors publicly. However, such dialogue is not considered rude in the US and many instructors enjoy intellectual challenges from students.

**Equality Vs Inequality**

The United States of America was founded upon the belief that all human beings are created equal. Due to this strongly held value, American communication tends to be horizontal. Horizontal cultures do not alter their communication according to whom they are speaking. In contrast, some Eastern cultures favor vertical communication. In these cultures, importance is placed on the attributes of status, age and gender, which determine the context of the relationship.

Further, Americans tend to speak to everyone with equal informality. Such communication may be considered rude and disrespectful to the vertical communicator. Most Americans on the other hand view changing one’s communication based upon the dynamics of a relationship to be insincere or dishonest.

**Eye Contact**

In many cultures, looking someone in the eye is considered disrespectful. However, Americans expect people to look them in the eye when they are talking to them and
may feel that those who do not maintain eye contact have something to hide, or are in a hurry or don’t really want to talk. In the US, maintaining eye contact during a conversation indicates respect and interest in what the other person has to say.

**Personal Hygiene**

As you may have noticed on American television, magazines, and other media outlets, a lot of people in the American culture are obsessed with looking attractive, eating healthy, and smelling good. This is a very sensitive subject to bring up with international students and scholars new to the country, but one that does need to be addressed. Because American society places such an emphasis on personal hygiene, it is very important for you to follow some of the personal hygiene customs. You may already come from a culture that places an importance on daily bathing, using deodorant, brushing teeth, and washing clothes after almost every wearing. To some cultures, this obsession with cleanliness may seem very uncomfortable and unnecessary. However, the ISSO has had to counsel some students who were in jeopardy of losing their employment because of a perceived lack of attention to personal hygiene. If you would like some more guidance on this issue, please make a confidential appointment with one of our International Students and Scholars Office staff.

### Holidays Celebrated in the United States

<table>
<thead>
<tr>
<th>Holiday</th>
<th>Activities</th>
<th>Origin</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>New Year's Day</strong></td>
<td>Make New Year's resolutions, parades, watching football.</td>
<td>The first day of the Gregorian calendar.</td>
</tr>
<tr>
<td><strong>January 1</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Dr. Martin Luther King Day</strong></td>
<td>Rallies, parades, speeches, many businesses close. No classes at OU, no mail services.</td>
<td>Dr. King, a non-violent civil rights activist was born on January 15, 1929.</td>
</tr>
<tr>
<td><strong>Third Monday in January</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Valentine's Day</strong></td>
<td>Loved ones exchange cards, flowers, candy, wear red and pink colors.</td>
<td>Celebrated in honor of St. Valentine.</td>
</tr>
<tr>
<td><strong>February 14</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>President's Day</strong></td>
<td>Many businesses and banks are closed.</td>
<td>A celebration of America’s most influential Presidents George Washington on February</td>
</tr>
<tr>
<td><strong>Third Monday in February</strong></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| **St. Patrick's Day**  
March 17 | Parades with Irish themes, drinking, singing Irish folk songs, wear green clothes, eat Irish food. | Celebration of St. Patrick, the patron saint of Ireland. |
| **Easter**  
Sunday in late March or early April | Church attendance. Family gatherings. Children hide Easter baskets and the Easter bunny fills them with gifts. Easter egg hunts. Many businesses will be closed through the weekend. | Commemorates the resurrection of Christ. |
| **Memorial Day**  
Last Monday in May | Decorate graves with flowers, family picnics. Many businesses closed. OU closed. | Honors all deceased veterans. |
| **Independence Day**  
July 4 | Parades, picnics, fireworks. Many businesses closed. OU closed. | The America’s Declaration of Independence was signed July 4, 1776. |
| **Labor Day**  
First Monday in September | Picnics, rallies, many businesses closed. No mail services. | Began September 5, 1882 to honor working people. |
| **Halloween**  
October 31 | Dress in costumes, trick or treat, parties, candy. | The beginning of festivities to honor dead family members. |
| **Veterans Day**  
November 11 | Parades, some businesses and banks closed. No mail services. | Honors those who served in the armed forces. |
| **Thanksgiving**  
Fourth Thursday in November | Parades, feasting, football. OU closed. | US settlers and Native Americans shared this harvest festival for the first time in 1621. |
| **Christmas**  
| **New Year’s Eve** | Parties, drinking, food. | The last day of the... |
**Conversion Charts**

**Length**
- 1 millimeter (mm) = 0.0397 in
- 1 centimeter (cm) = 10 mm = 0.3937 in
- 1 meter (m) = 100 sm = 1.0936 yd
- 1 kilometer (km) = 1,000 m = 0.6214 mile
- 1 inch (in) = 25.4 mm
- 1 foot (ft) = 12 in = 0.3048 m
- 1 yard (yd) = 3 ft = 0.9144 m
- 1 mile = 1,760 yd = 1.6093 km

**Area**
- 1 square cm (cm²) = 100 mm² = 0.1550 in²
- 1 square meter (m²) = 10,000 cm² = 2.4711 acres
- 1 hectare (ha) = 10,000 m² = 2.4711 acres
- 1 square km (km²) = 100 ha = 0.38861 mile²
- 1 square inch (in²) = 645.16 mm²
- 1 square foot (ft²) = 0.093 m²
- 1 square yard (yd²) = 9 ft² = 0.8361 m²
- 1 acre = 4840 yd² = 4046.86 m²
- 1 square mile (mile²) = 640 acres = 2.59 km²

**Mass (Weight)**
- 1 gram (g) = 1,000 mg = 0.0363 oz
- 1 kilogram (kg) = 1,000 g = 2.2046 lb
- 1 tonne (t) = 1,000 kg = 1.1023 short tons
- 1 tonne = 0.9842 long ton
- 1 ounce (oz) = 437.5 grains = 28.350 g
- 1 pound (lb) = 16 oz = 0.4536 kg
- 1 short cwt = 100 lb = 45.359 kg
- 1 long cwt = 112 lb = 50.802 kg
- 1 short ton = 2,000 lb = 0.9072 t
- 1 long ton = 2,240 lb = 1.0161 t

**Volume / Capacity**
- 1 cubic cm (cm³) = 0.0610 in³
- 1 cubic decimeter (dm³) = 1,000 cm³ = 0.0353 ft³
- 1 cubic meter (m³) = 1,000 dm³ = 1.3080 yd³
- 1 liter (l) = 0.2200 Imp gal
- 1 hectoliter (hl) = 100 l = 2.8378 US but
1 cubic inch (in$^3$) = 16.387 cm$^3$
1 cubic foot (ft$^3$) = 0.0283 m$^3$
1 cubic yard (yd$^3$) = 0.7646 m$^3$
1 US dry pint = 0.550611 US bushel = 64 dry pints = 35.239 l
1 US liquid pint = 0.4732 l
1 US gallon = 8 US liquid pints = 3.7854 l
1 teaspoon = 5 ml
3 teaspoon = 1 Tablespoon

Temperature
Conversion °F to °C
Subtract 32
Divide by 1.8

Conversion °C to °F
Multiply by 1.8
Add 32

Oven
250 °F (120 °C) = very low heat
200 °F (150 °C) = low
325 °F (165 °C) = moderately low
350 °F (180 °C) = moderate
375 °F (205 °C) = moderately high
400 °F (205 °C) = high
450 – 500 °F (230 –260 °C) = very high

Electrical Current
The standard US current is 110 volts, 60 cycles alternating current (A.C.). Appliances running on 220-240 volts will not work in the United States. Most appliances or hardware stores in the Metropolitan areas carry current-conversion kits that will work on appliances.

Energy
1,000 British thermal units (Btu) = 0.293 k Wh
100,000 Btu = 1 therm
1 horsepower = 0.7457 kilowatt
1 calorie (dieticians') = 4.1855 kilojoules

Velocity and Fuel Consumption
1 Mile/Hour = 1.609344 kilometers/hour = 0.868976 international knots
1 mile/US gallon = 0.42514 kilometers/liter
US gallons/mile = 235.215 liters/ 100 kilometer
### Useful Web Sites

<table>
<thead>
<tr>
<th>Website</th>
<th>URL</th>
</tr>
</thead>
<tbody>
<tr>
<td>City Guide for Detroit</td>
<td><a href="http://www.immetrodetriot.com">www.immetrodetriot.com</a></td>
</tr>
<tr>
<td>Detroit Search &amp; Guide</td>
<td><a href="http://www.webguidedetroit.com">www.webguidedetroit.com</a></td>
</tr>
<tr>
<td>Detroit News</td>
<td><a href="http://www.detnews.com">www.detnews.com</a></td>
</tr>
<tr>
<td>Detroit Free Press</td>
<td><a href="http://www.freep.com">www.freep.com</a></td>
</tr>
<tr>
<td>Detroit Magazine</td>
<td><a href="http://www.detroitmagazine.com">www.detroitmagazine.com</a></td>
</tr>
<tr>
<td>Detroit Local 4 (TV station)</td>
<td><a href="http://www.clickondetroit.com">www.clickondetroit.com</a></td>
</tr>
<tr>
<td>Foreign Embassies in the US</td>
<td><a href="http://www.embassy.org">www.embassy.org</a></td>
</tr>
<tr>
<td>Auburn Hills Chamber of Commerce</td>
<td><a href="http://www.auburnhillscamber.com">www.auburnhillscamber.com</a></td>
</tr>
<tr>
<td>Rochester Chamber of Commerce</td>
<td><a href="http://rochesterchamber.edictspaces.com">http://rochesterchamber.edictspaces.com</a></td>
</tr>
<tr>
<td>Center for Immigration Services</td>
<td><a href="http://www.uscis.gov">www.uscis.gov</a></td>
</tr>
<tr>
<td>Institute of International Education</td>
<td><a href="http://www.iie.org">www.iie.org</a></td>
</tr>
<tr>
<td>Weather Channel</td>
<td><a href="http://www.weather.com">www.weather.com</a></td>
</tr>
<tr>
<td>Youth Hostels</td>
<td><a href="http://www.hostels.com">www.hostels.com</a></td>
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